



**Oregon Association for Music Therapy
Executive Board Meeting Minutes
October 23rd, 2022, 1pm**

The board meeting of the Oregon Association for Music Therapy was called to order at 1:07 on October 23rd, 2022 with Chris Korb, Brea Murakami, Cody Mills, Airel Farley, Natalia Uribe, and Kate Caruso present. **Quorum was established.**

Approval of Agenda

Chris Korb moves to approve the agenda. Second: Natalia Motion carries.

Approval of Meeting Minutes

Chris Korb moves to approve the September 18th, 2022 Meeting Minutes. Second: Cody Mills. Motion carries.

Officer Reports

President, Chris Korb

Former government relations representative Melissa Potts was contacted with a card and flowers on behalf of the OAMT Board. Responded to an email about Laura Herd, a new suicidal therapist in Oregon. Working with a music therapist in Salem Mikayla VanCorbach who might want to get involved, The Blast has been forwarded to her.

President-Elect, Joshua Pearl

Not present

Vice President, Kate Caruso

In this past month I checked out the responses to the 2023 Conference Survey and began to research venues, as well as compile the information so that it makes sense to me in order to take into account the responses of the survey as part of the planning process. There have unfortunately been no responses yet to the call for proposals so it would be great to get the word out and encourage our peers to apply!

Secretary, Airel Farley

Over the last month I have been prepping business meeting minutes as well as preparing and sending out The Blast. I have also been in contact with other board members to ensure that new responses to our "Find a Therapist survey" got added to the website.

Treasurer, Brea Murakami

The OAMT PayPal account currently has \$72.47, and the OAMT U.S. Bank account has \$4,374.94 for a total of \$4,447.41 in assets. I sent the remaining funds for OAMT to join the World Federation of Music Therapy as an Associate Organizational member. I also met with the President Elect to strategize about becoming a non-profit organization, potentially via Legal Zoom.

Public Relations, Cody Mills

I've been receiving and responding to emails regarding internship and career opportunities in Oregon. President-elect, Joshua Pearl, and I met to discuss our EMBER committee, and have come up with a plan to continue making progress with the committee.

Idea that a high schooler could assist a group, we could possibly have a high schooler or two come assist with the conference and allow them to sit in on talks.

Media Coordinator, Natalia Uribe

Have been making posts on social media regarding survey and peer support groups. Met with Joshua and reached out to Mikelia Wallace to join Funding and Reimbursement committees. More details on Committee report.

Government Relations Representative (Position not currently filled)

Student Representative, Lily Fugita

Not present

Committee Reports

Communications (Taskforce)

Didn't meet this month. Looking to coordinate efforts with the conference and proposals.

Peer Support

There were two peer support meetings, one on Tuesday, October 18 with unfortunately no attendants. The committee decided to have peer support scheduled regularly until the conference, with meetings held every 3rd Tuesday of the month with the next meeting on November 15th 7-8:30. Considering adding a potential music-making event hosted by the Peer Support group in the near future. Kate received feedback from some MTs that they appreciated that the OAMT is more present lately and appreciate that the peer support group is available.

E.M.B.E.R.

Joshua Pearl and I met this month to discuss a plan to continue moving forward with this committee.

- For Enrollment, we want to gather a list of music therapists in Oregon, as well as those MTs that are OAMT members.
- For Benefits, we would like to utilize the peer support groups to ask our members what benefits they may like to see.
 - We also may be able to create a questionnaire to share on the peer support group, as well as our social media pages.- **?also The Blast?**
 - We need a list of benefits to put into a membership packet
- We will also continue to grow and improve our resource file in our OAMT Google drive.- **?Also in The Blast?**

DEI (heretofore DEIA)

- Joshua is setting up a meeting with Vienna Sa to gather their thoughts on community outreach and involvement in DEI efforts.
- In the process of creating a jambord where community members can add questions regarding DEI anonymously. We hope with this to encourage MTs to evaluate the efforts they put into harm reduction and social justice.
- In the process of creating a Land Acknowledgement for board meetings specifically.
- Motion to include the word “access” to the acronym DEI– DEIA (Diversity, Equity, Inclusion, Access).
 - ?IDEA?
 - **Natalia makes a motion to add an A to DEI (making it DEIA). Chris seconds. Motion passes**

Global Outreach

- Joshua met with Brea to finalize joining WFMT.
- Continuing efforts to publicize the World Congress to Oregon MTs.
 - Possibly a fundraiser to pay for help sending people?

Funding and Reimbursement Committee

- Meeting with Mikelia Wallace to bring her on board.
- Meeting with Ted Ficken to pick his brain on the government taskforce
- Creating a S.W.O.T (Strength, Weaknesses, Opportunities, Threats) assessment for the government taskforce in order to get the process moving again.
- This committee is working towards putting together an annual “Friends of Music Therapy” fundraising event, and using those funds in partnership with local organizations to serve communities with lack of access to therapeutic services. The purpose of this is 1. Bring awareness about music therapy to the wider community, 2. Offer programming opportunities to community members, and 3. Offer music therapists a chance to develop programs and partnerships with local organizations. Deadline for defining what this event will look like is Feb 2023.
- Starting conversations around contracting with a grantwriter to apply for grants. This requires a wider conversation around turning OAMT into a non-profit to receive the funds. Still in discussion in committee.
 - Jodi Winnwalker is a good resource to talk about her previous experience with the government taskforce.

New AMTA Retention report:

<https://drive.google.com/file/d/11cmGvSXISGusfMal5CKT0de3T6HpDQZK/view>

Old Business

- OAMT non-profit status
 - Building a mission statement
 - Current mission statement: To serve our membership and advance public awareness of the benefits of music therapy in the state of Oregon
 - Benefits/advantages vs. Detriments
 - time consumption and energy drain
 - Donations tax deductible
 - Grant opportunities
 - Discounts from services -Google Suite (will pay for itself)
 - Ease of accepting donations
 - Brea will continue moving forward with legal zoom and coordinating with Joshua.
- Government Relations Representative
 - Melissa Potts contacted and thanked
- Survey for conference opinions
 - 28 responses

- Issues addressed
 - Preference is in person, but probably wise to keep hybrid as an option.
 - 4-5 hours
 - \$41-\$60 is the majority but they're fairly equally divided
 - Wanting CMTE's and hands on workshops.
 - People enjoyed socializing, keynotes, and CMTE's
 - Responses are in the shared folder.
 - There was a wide variety of topics people were interested in.
 - Maybe send out if you're interested in presenting on these topics please submit a proposal!
- Student outreach and internship
 - Advertise World Congress, 2023 to students

New Business

- 2023 Conference logistic planning continues
 - Survey of membership to consider where to meet and preferred format
 - <https://drive.google.com/drive/folders/1yeSdZOKjznOtWry3d4U9LvqMJ3G966a4?usp=sharing>
 - Dates to consider (avoid super Bowl weekend)in **February 2023**
 - Currently looking at the 11th or 18th (leaning toward the 18th because 12th is the Super Bowl)- once we get confirmation from the space we can confirm this and include it in The Blast
 - Site Location
 - Wanting hybrid option
 - Most MTs' are in Portland, however keeping it accessible to all
 - Encore Prenort Cafe might be a good spot and has options for hybrid. (In NE Portland)
 - Large kitchenette area, but not really an option for breakout rooms, awkward mix of tall stools and couches, with 50 total seats. We'd need to bring folding chairs.
 - Maybe up together event production team
 - Kate could put together a sign up sheet so she knows what she can hand off to who.
 - Themes
 - Discuss optional themes
 - Extension of the summer conference- something like "continuing the conversation"

- Would like an in-person speaker
 - Should reference our list of interests and then determine who we ask to present.
 - Proposal deadline
 - 50 minute session slots for the proposals
 - 5hrs of conference
 - Deadline Thanksgiving
 - Call goes out on Tuesday with the reminder
 - CEU's for presenting?
 - 50% off price for presenters
 - Maybe specifically invite students and send it out to PUMT Club
 - Hybrid option
- How it feels to be a music therapist in the current political climate
 - Natalia- really hard to do therapy when the client's problem is that they will be evicted in two weeks. Food insecurity and housing insecurity, these aren't out of our lanes.
 - Chris- especially going into the holiday season how do we be inclusive and serve better.
 - Airel- facilities stopped providing activities and services during covid and many didn't seem to start up again. Very much mixed feelings.
 - Chris- Self Care! You're doing so much and you're on the front line. What gives you joy? How am I serving others, how am I serving myself? How do we take care of each other.
- Room in The Blast for new Music Therapy businesses in the state?

Good & Welfare

- Airel- new weekly private contract client, one other scheduled and more interest. (Plainly Music Therapy) Score- a nonprofit with business coaches & Natalia is available to talk about building her LLC.
- Natalia- her business keeps growing and she is looking forward to another collaboration in addition to the program with parks and rec. (Uribe Music Therapy)
- Cody- work at the hospital is going good and has other gigs
- Kate- a few really good music therapy advocacy moments
- Brea- over halfway through the semester. Pilot study at Rio Rehab and a doctor in acute care is interested in getting music therapy in other parts of the hospital.

Chris will write to Lily

Adjournment

Next Meeting at 1pm on November 13th, 2022.

Chris motions to adjourn. Natalia seconds. **Motion passes** Meeting adjourned at 2:52, 2022.